

ADMINISTRATIVE REGULATION AND PROCEDURE

Title:	STUDENT ASSISTANCE PROGRM (SAP)	Code:	FF0405
Policy	Reference: N/A		

Students will enter the SAP through self-referral, faculty/staff referral, or agency referral. The AODA prevention specialist will provide staff consultation and referral assistance as needed. Students with primarily AODA issues will be referred directly to the AODA prevention specialist.

The SAP is not designed to provide treatment or long-term personal counseling. The SAP will focus on three types of personal counseling strategies-- all short-term/brief in nature:

- 1. Triage to assess the severity of the problem and to move the student toward the most appropriate community resource for immediate intervention/help.
- 2. Motivational counseling to assist students who may need treatment but who are hampered by barriers related to childcare, finances, transportation, family concerns, academic concerns, cross-cultural needs, etc.
- 3. School Re-entry Support/Advocacy for recovering students returning to MATC from treatment. The SAP counselor will help the returning student to network within the MATC system so that academic and recovery needs are met.

The SAP will be open Monday through Friday when classes are in session. While counseling staff are qualified individuals concerned about the student's academic and emotional well-being, medication management and psychotherapy cannot be done in this setting.

Office of Responsibility: Student Services