POLICY



Title: GUIDANCE, COUNSELING, PSYCHOLOGICAL SERVICES, PLACEMENT	Code: F0400
Authority: Board Minutes, 12/13/72; 2/21/95; 5/26/09	Original Adoption: 12/13/72 Revised/Reviewed: 10/26/18 Effective: 5/27/09

The Counseling Department provides counseling and guidance to students and prospective students with a sensitivity to the needs of a nontraditional, ethnically and culturally diverse population. The Department assists students in overcoming specific personal, career or academic issues. Counseling functions include:

- Assisting students in defining and accomplishing career, academic and personal goals.
- Problem-solving with students, faculty and staff to address the academic and personal concerns of the students.
- Advocating for students to college staff and the external environment, providing a perspective to those groups reflecting an appropriate balance between the special needs and interests of students and college requirements.
- Establishing and maintaining cooperative relationships and mutual referrals in the college as well as the community.
- Orienting and advising incoming students by interpreting the college environment and either improving the quality of the environment or facilitating the development of a better-person environment interaction.

Consistent with college priorities and the needs of our student population, the Counseling Department provides developmental and preventive strategies of intervention to help the students achieve their goals.

<u>Developmental interventions</u> help students benefit from the academic environment. The Counseling Department promotes student growth by encouraging positive and realistic self-appraisal, intellectual development, appropriate personal and occupational choices, the ability to relate meaningfully and mutually with others and the capacity to engage in a personally satisfying and effective style of living.



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<u>Personal interventions</u> recognize that some students experience significant personal adjustment problems that require immediate professional attention. Counseling staff assists students in overcoming current specific personal and educational problems which in some cases, may require significant remediation.

<u>Preventive interventions</u> identify environmental conditions that may negatively influence student welfare and propose strategies to neutralize such conditions or improve the environment.