

DIETNT-151: Nutrition for Dietetics

Course Description:

This course is a study of nutrients and the nutritional care process, including application to a clinic/lab supervised by a qualified preceptor. This course meets the nutrition care requirement of the Dietary Manager program.

Total Credits: 4.00

Course Competencies

- 1. Determine the relationship between nutrition, lifestyle and chronic health problems.**
- 2. Identify basic nutrition concepts.**
- 3. Use basic nutrition principles.**
- 4. Describe the process of digestion.**
- 5. Compare the nutrition needs of the life cycle.**
- 6. Explore the basic concepts of medical nutrition therapy.**
- 7. Explore alternative therapies.**
- 8. Conduct nutritional screening.**
- 9. Utilize nutrient intake information.**
- 10. Interpret nutritional data.**
- 11. Document nutrition data in the medical record.**
- 12. Communicate client information to other health care professionals.**
- 13. Plan menu and modifications using food guides.**
- 14. Utilize nutrition data in care plan.**
- 15. Evaluate effectiveness of care plan.**
- 16. Implement Continuous Quality Improvement.**
- 17. Participate in regulatory agency surveys.**
- 18. Provide appropriate meal service.**
- 19. Adapt teaching to client educational needs.**